



Barb & Art Jacques

Meet Barb Jacques, Marriage and Family Therapy Intern. She is a wife, mother, stepmother, and grandmother. Born and raised in the United Methodist Church, Barb's passion is ministering to couples, families, and children. With 15 years of experience in nursing and health education, in addition to 13 years in ministry, she has found herself blessed to share life's most sacred (and, often challenging) moments with hundreds of families. In walking beside those who are adjusting to the birth of a newborn, parenting an adolescent, navigating an unexpected career change, or struggling with the grief of loss, Barb has learned that it is often the relationships that surround us, rather than the circumstances that befall us, that define our life's journey.

After serving six years as the Director of Congregational Care at Mt. Zion United Methodist Church and being a member of the Marriage Enrichment Retreat Leadership Team for five, in 2015, Barb took the next step in her own faith journey and began the process of becoming a Licensed Clinical Marriage and Family Therapist. In 2017, she became a certified facilitator for the Prepare/Enrich Marital Inventory and Program and has found this tool to be an excellent resource for couples doing premarital or marital counseling. She will graduate from Capella University in December 2018 with a Master's degree in Marriage and Family Therapy.

Barb and her husband, Art, have been happily married for 15 years and have six wonderful children (ranging from 25-35 years old), one beautiful granddaughter, and another grandbaby due to arrive in January. They enjoy serving in Stephen Ministry and on mission trips together, spending time with family and friends, babysitting their granddaughter, camping in their travel-trailer, and cruising to places that are sunny and warm!

RETREAT OUTLINE

Friday, February 15, 2019

Registration 5:00 p.m.
 Session 1: 7:00 p.m.

Saturday, February 16, 2019

Session 2: 8:30 a.m.
Brunch 9:40-10:20 a.m.
 Session 3: 10:30 a.m.
 Free Couple Time 12:00-2:30 p.m.
 Session 4: 2:30 p.m.
Tea Time 3:30-4:00 p.m.
 Session 5: 4:00 p.m.
Dinner: Buffet 6:00 p.m.
 Saturday Night Shenanigans (optional) 7:00 p.m.

Sunday, February 17, 2019

Brunch 9:00-10:00 a.m.
 Session 6: 10:00 a.m.

The retreat will be held at Dunes Manor Hotel (with ocean view rooms), 2800 Baltimore Ave., Ocean City, MD 21842; 410-289-1100.

Early registration fee: \$425
After December 17, 2018 \$450
(prices include survey fee)

No refund after February 8, 2019

Fee includes two nights in the Dunes Manor Hotel and three meals: (brunch & dinner on Saturday, tea at 3:30, and brunch on Sunday) and materials. This weekend is reserved for adults only, as a special time for you and your spouse. No children, please.

For questions, please feel free to call 301-801-2344 or 301-801-2345 or email: MarriageEnrichment@comcast.net.

Love TO LAST A LIFETIME: LETTING GOD LEAD THE WAY



Marriage Enrichment WEEKEND

Barb Jacques, Presenter

Sponsored by:

Maranatha Adventist Fellowship
 Mt. Zion United Methodist Church
 Triadelphia Seventh-day Adventist Church
 Linden Linthicum United Methodist Church
 Middletown Seventh-day Adventist Church

**The retreat will be held February 15-17, 2019
at Dunes Manor Hotel, 2800 Baltimore Ave.,
Ocean City, MD 21842; 410-289-1100.**

Husband: _____

Wife: _____

Address: _____

Phone: _____

E-mail: _____

E-mail: _____

Home Church: _____

Credit Card Information:

Name on card: _____

Billing Address: _____

Credit Card #: _____

Exp. Date: _____

Security Code: _____

*Standard rooms have 2 double beds. Limited king-bed
rooms may be available on first request basis.*



Please make checks payable to: Triadelphia SDA
Church. Mail payment and registration to: Peggy Lee,
15719 Ashland Dr. Laurel, MD 20707. For questions,
please call 301-801-2344 or 301-801-2345 or
email: peglites@comcast.net

RETREAT DESCRIPTION:

This relaxing, interactive, and fun workshop utilizes games, couple-based activities, small group discussions, and the results of your personalized Prepare-Enrich Relationship Inventory to provide you with tips, tools, and skills that will improve your communication and deepen your sense of intimacy as a couple. Using scripture to guide us, we'll explore how demonstrating commitment to your spouse through your prayers, presence, gifts, service, and witness honors God's purpose for marriage and brings glory to His name. Over the course of the weekend, you and your spouse will:

- *discover your strength and growth areas
- *gain a deeper understanding of the traits that make your partner who he/she is
- *practice communication and conflict resolution skills
- *identify the love language that speaks directly to your spouse's heart

*PLEASE NOTE: Both partners of each couple will need to complete the PREPARE-ENRICH INVENTORY on-line by January 27, 2019. The results of your customized inventory will be the basis of multiple couple-based activities throughout the weekend. On average, the inventory takes 30-45 minutes to complete. To provide access to the inventory, we must have a separate email address for each spouse.



1 Corinthians 13:4-8a

is patient
is kind
does not envy
does not boast
is not proud
is not rude
is not self-seeking
is not easily angered
keeps no record of wrongs
does not delight in evil
rejoices with the truth
always protects
always trusts
always hopes
always perseveres
never fails

Research shows couples who take time to renew and reaffirm their marriages are more successful in their relationships. You will learn ways to include these marital practices into your day-to-day lives.



**“The fruit of the Spirit is love, joy, peace,
patience, kindness, generosity,
faithfulness, gentleness, and self-control.”
Galatians 5:22-23**